

# UK HEALTHCARE PROPERTY MARKET OVERVIEW

WINTER 2021/22





## MARKET SUMMARY

Whilst the stronger than expected margins in 2021 showcase the sector's resilience, they also highlight the combined efforts of operators, their teams, and the UK government in supporting the sector

The 2021/22 Healthcare Market Overview will take a look at market trends over the past year as well as presenting a forward view. 2021 presented a number of standout factors which we believe will continue to trend over the coming year.

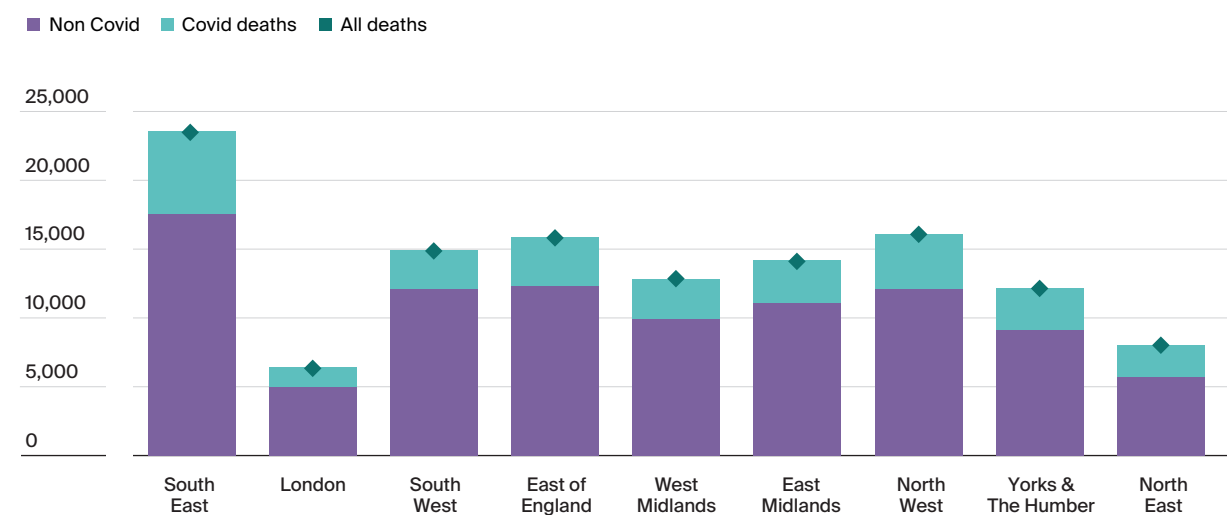
### Covid-19

The outbreak of Covid-19 and the UK healthcare sector's response to such unprecedented circumstances has highlighted the continued resilience and robustness of the sector.

As per Figure 1, we can see the consistency in the management of care home deaths which occurred because of Covid-19 cases. This suggests that whilst occupancy was impacted by the virus the large fall is likely to be a result of the restrictions to admissions imposed during lockdown periods. Considering the pandemic's impact on occupancy, all care EBITDARM as a percentage of income fell by less than initially expected in 2021. The average of 26.2% still suggests strong trading

given the circumstances faced by homes. Operators will now have greater insight into their abilities to withstand future headwinds as well as being better prepared for any future shocks. Whilst the stronger than expected margins in 2021 showcase the sector's resilience, they also highlight the combined efforts of operators, their teams, and the UK government in supporting the sector. The timing of reduced government intervention however will be an important factor during the sector's return to normal levels.

Fig 1: Care Home CV-19 Vs All Deaths



Source: Gov.uk

Covid-19 may indeed act to accelerate the closure of outdated homes and replace them with high-quality future-proofed assets. Providing further validation to the argument for en-suite rooms with the viewpoint that the benefits of this extend to improvements in home virus control. No doubt, the pandemic will have prompted a change in the way care homes are not only run but also configured moving forward, with particular emphasis placed on internal circulation, air quality and ventilation. Emphasis will also be on transitional space in order to support social distancing.

### Occupancy

Average occupancies across the sector will certainly be a matter of interest. Whilst 2021 saw a substantial dip in care home occupancies following the outbreak of Covid-19, operators began to report recovering levels in the mid to latter part of the year. Whilst this recovery is a slow one, many operators are experiencing pre-pandemic occupancy levels once more.

### Bed supply

Bed supply remains a topic of concern, despite new beds being developed, the rate at which they are being built and the level of home closures means that supply is not keeping pace with demand. This, in line with the UK's ageing demographic, means that the elderly care market is now at risk of reaching capacity by the end of the decade.

Much of the market is also in need of an upgrade due to being made up of older converted stock that lacks essential en-suite facilities which are becoming increasingly unfit for purpose.

**Bed supply remains a topic of concern, despite new beds being developed, the rate at which they are being built and the level of home closures means that supply is not keeping pace with demand**

### Build costs

A combination of the global pandemic's effect on factory supply, ports and rising shipping costs has seen the cost of raw materials such as aggregates, timber, and steel with increased labour costs slow new build delivery over the past year.

Although this is a clear issue alongside the increasing cost of finance, appetite for UK healthcare is strong due to its underlying drivers of demand. We can therefore expect new care home development to remain active in 2022 whilst sale & leaseback / forward funding, challenger banks and conventional banks re-entering the market aid the unlocking of funding.

### Staff costs

The 2021 Knight Frank Trading Performance survey has highlighted a growth in nurse and carer wages. Average nurse wages per hour sat at £17.38, up 2.9% from last year, whilst average carer wages per hour were up 5.4% at £9.23.

Despite both growing at a higher rate than the National Living Wage per hour, which currently sits at £8.91,

government announcements regarding the new National Living Wage of £9.50 from April 2022 is likely to impose further upward pressure on these averages especially in the hourly rate of carers. With labour shortages and Brexit also as contributing factors, this cost inflation may indeed filter through into weekly fees.

### ESG

The 2021 Knight Frank Active Capital report highlighted the importance of sustainability as a fundamental of modern-day real estate strategies. The report suggests a 8-18% sales price premium for green-rated buildings.

Global investor and occupier demand for sustainable buildings continues to rise, as does the proposition of sustainable / green finance from lenders, whilst the case for placing institutional money into ESG strategies grows.

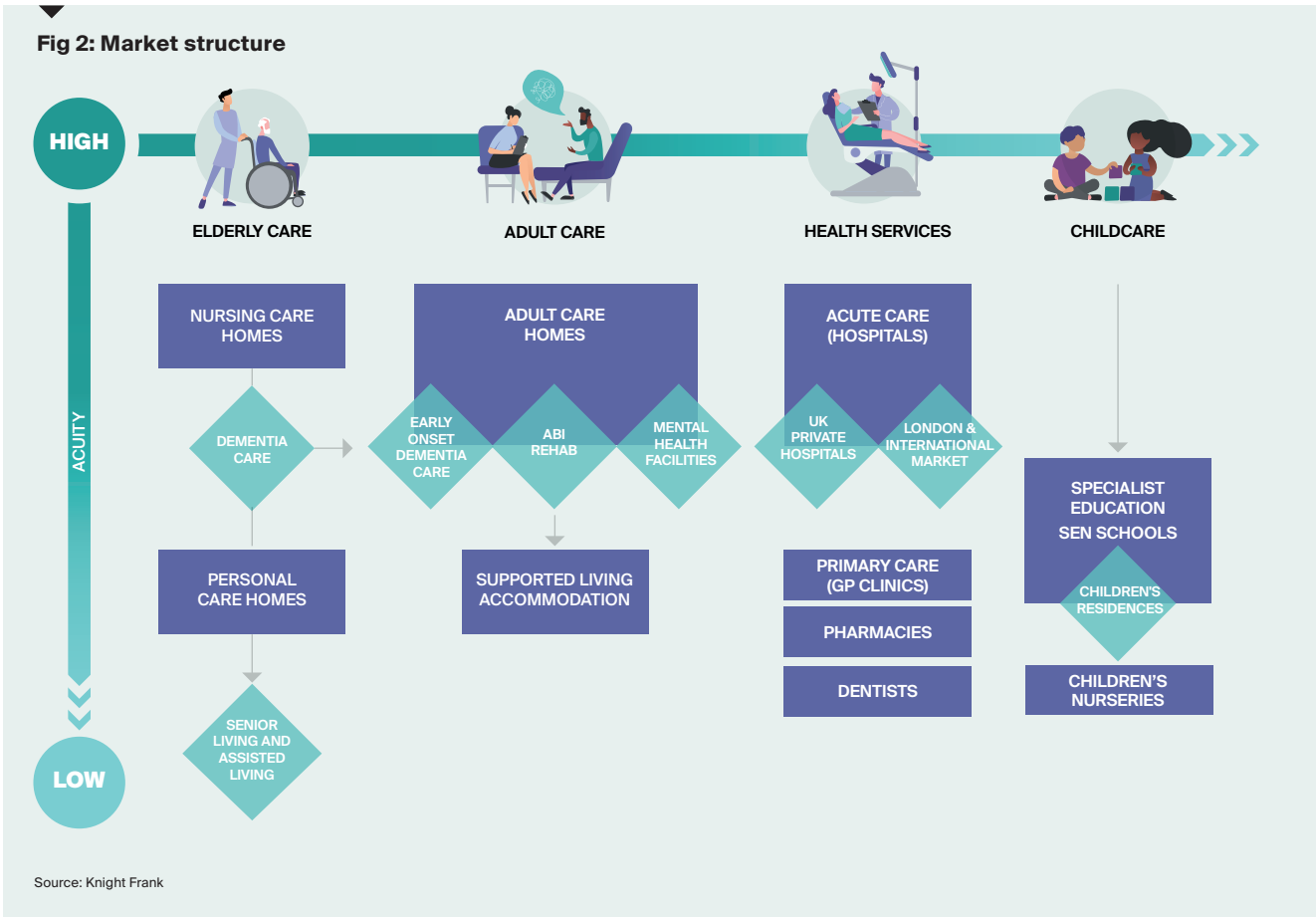
This in tandem opens the discussion of the importance of ESG within the market for care related assets. Unlocking sustainable development of new homes will become more important whilst the social aspect of ESG will direct attention to how operators and investors align their investment and operational activity the UN Sustainable Development Goals.



**Julian Evans, FRICS**  
Partner, Head of Healthcare



# HEALTHCARE PROPERTY MARKET STRUCTURE



As a sector, healthcare encompasses several subsectors spanning a range of acuity levels. This stretches from the more conventional care settings such as elderly care and residential care to childcare which includes nurseries and special educational needs.

Whilst broad in its coverage, the case for investment into the sector remains

consistent across the various sub-sectors. Firstly, the emergence of a global pandemic has highlighted not only the robustness of healthcare as an asset class but also its genuine importance as a sector. Government intervention, nationwide appreciation of the NHS and a backlog of admissions all highlight its significance and its ever-steady demand. As Private Equity,

REITs and institutional investors continue to chase the strong long income generated, there is growing interest in healthcare's capabilities to aid ESG investing strategies.

Figure 2 above presents us with a visual representation of the market's broadness, any relevant overlaps as well as where they sit in terms of acuity levels.



## CHILDCARE:

Special educational needs relates to the provision of services to pupils with high learning needs. This is likely to be structured into smaller groups than that of standard schools. For-profit providers account for circa 75% of total independent school places, whilst college places are dominated by not-for-profit providers.

Special Educational Needs demand is driven by the growing number of young individuals being highlighted as needing additional educational support as well general population growth.

A recent gov.uk survey states approximately 1.5 million childcare places across childminders, group based and school-based providers. Like SEN, demand for Nursery has and continues to strengthen due to the growth in the general population. The sector continues to see interest in both the smaller independents and larger group operators from private equity lead capital.

RECENT DEAL			
	DEAL TYPE		VALUE (£M)
Portfolio		£34m	
	PURCHASER		
LXi REIT Plc			
	DESCRIPTION		DATE
Nursery School Portfolio		Q3 21	
	CATEGORY		
REITs & Listed			



## ADULT CARE:

Adult care focuses on the delivery of services including but not limited to, Learning Disability, Mental Health and Acquired Brain Injury (ABI) to those of working age (currently 18-64). As a sub-sector it is heavily dominated by independent operators who account for over 90% of the market.

RECENT DEAL			
	DEAL TYPE		VALUE (£M)
Portfolio		£17m	
	PURCHASER		
Achieve Together			
	DESCRIPTION		DATE
Healthcare Portfolio		Q4 21	
	CATEGORY		
Occupier			



## HEALTH SERVICES:

Health services as a subsector begin with Hospitals at the higher end of the acuity scale, with lower acuity services such as GPs, pharmacies and dental practices following on.

The pandemic has seen a growth in the remote aspect of consultancy-based service provision, mainly as a means of infection control. GPs have shifted towards telephone consultations as a first line of contact whilst the use of digital pharmacies has grown.

Primary care facilities despite having tighter yields than other areas of healthcare, continue to attract the interest of key players in the space, such as Primary Health Properties and Assura.

RECENT DEAL			
	DEAL TYPE		VALUE (£M)
Single asset		£5.34m	
	PURCHASER		
Primary Health Properties			
	DESCRIPTION		DATE
Bersted Green Surgery		Q4 21	
	CATEGORY		
REITs & Listed			



## ELDERLY CARE:

Ranging in acuity levels in this space means that we have elderly care homes that are either nursing or personal care-focused, both with the capability to support residents in need of dementia care.

With 480,072 beds across 12,034 homes in supply currently, elderly care continues to attract investors in search of an asset class with timeless demand. With the UK's over 65's set to reach 15.3 million by 2030 and 18.8 million by 2050, there will soon be significant undersupply which suggests investors can feel confident in the demand for both the real estate and operational businesses.

RECENT DEAL			
	DEAL TYPE		VALUE (£M)
Portfolio		£57m	
	PURCHASER		
Cofinimmo SA (Belgium)			
	DESCRIPTION		DATE
Country Court Portfolio		Q3 21	
	CATEGORY		
Overseas			



## OPERATOR TRADING

Whilst both the Local Authority and Private Pay markets have experienced uplifts in their fee levels, Local Authority fees have seen stronger increases jumping by 8.8%

2021 occupancy levels were down year-on-year averaging at 79.4%. Figure 3 shows the quarterly changes in occupancy tracked since the outbreak of Covid-19 which sat consistently with the overall level for the 2020/21 financial year. This however was very much expected given the pandemic's effect on the sector amplifying the usual issue of care home mortality rates. Despite the dip experienced in 2020/21, operators are now generally reporting improving rates of occupancy and we are confident that this will continue towards the occupancy levels in the high eighties, experienced pre-pandemic.

As per Figure 4, 2021 saw an overall downward trend in EBITDARM margins with the exception of Nursing Care where the margin improved slightly by 0.1% on the previous year. Whilst there was a general fall, it is important to note that EBITDARM margins held better than expected levels. An example of this is Private Pay homes which achieved margins at 36.2% of income, which can be considered extremely positive given the headwinds.

Fig 3: UK care home occupancy

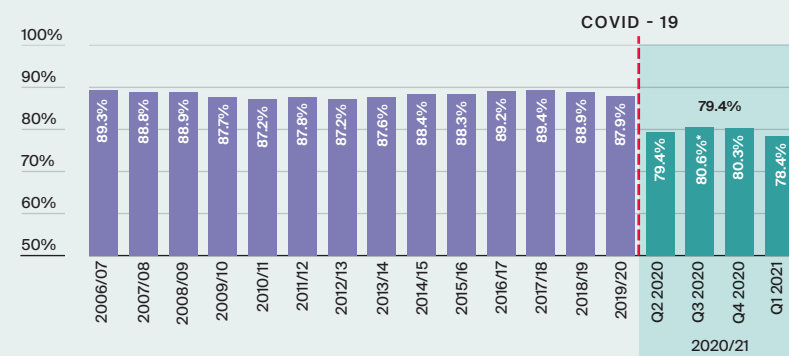
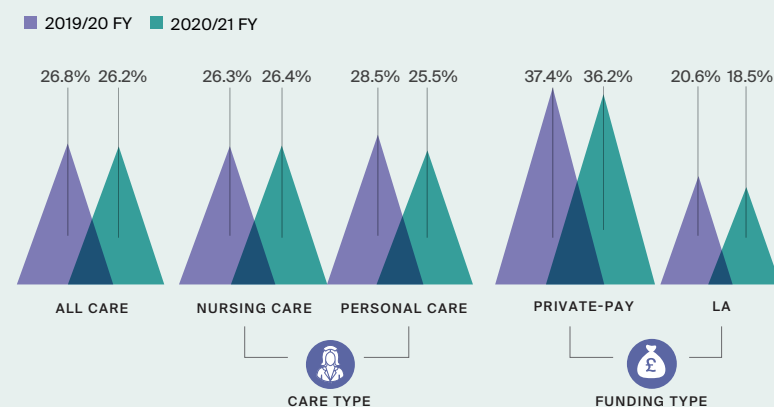


Fig 4: EBITDARM margins, 2019/20 2020/21



## SUPPLY & DEMAND

### Positive sector sentiment remains intact

The long-term drivers of the healthcare market provide an attractive outlook for investors, as the UK demographic shift and a growing need for elderly care beds over the next 30 years will continue to attract investors seeking long income due to the 20-30-year lease terms available. Healthcare amongst other alternative assets will also interest those investors looking to adjust allocations and re-weight their portfolios away from the more conventional classes such as retail, for example. As well as ESG positively driving institutional capital into social care and senior living.

Whilst we did not see the record volumes recorded in 2020, Figure 5 highlights strong transaction volume given the conditions facing the sector. It is also important to note that volume in 2020 was aided by large portfolio sales such as Medical Properties Trust's acquisition of 30 BMI hospitals for circa £1.5 billion.

As well as domestic demand, overseas capital continues to feature prominently amongst transactions due to a mix of European operators and REITs such as the likes of Korian and Cofinimmo. The early investor caution seen at the outset of the pandemic seems to be fading as the sector slowly moves towards normality.

### Supply of bedspace remains a concern amongst ageing demographic

Current projections continue to suggest that we must build more care homes to service future demand. Figure 6 shows

the growth in our elderly population will potentially lead to an additional demand for care beds of around 350,000 people by 2050, almost doubling current demand. Despite new beds being developed, continued home closures mean that supply is not keeping pace

with demand, with the UK elderly care market at risk of reaching capacity by the end of the decade. It is vital that we build more care homes as well as provide support for existing homes and operators to future proof the current residential elderly care system.

Fig 5: Recorded healthcare property investment

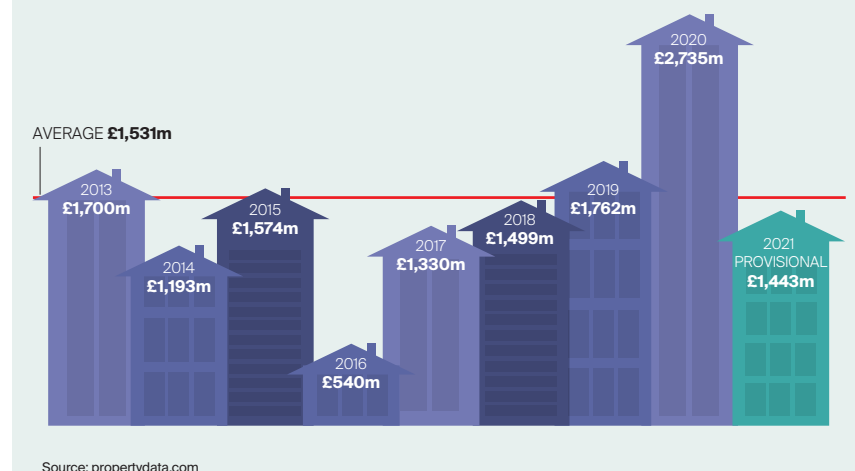
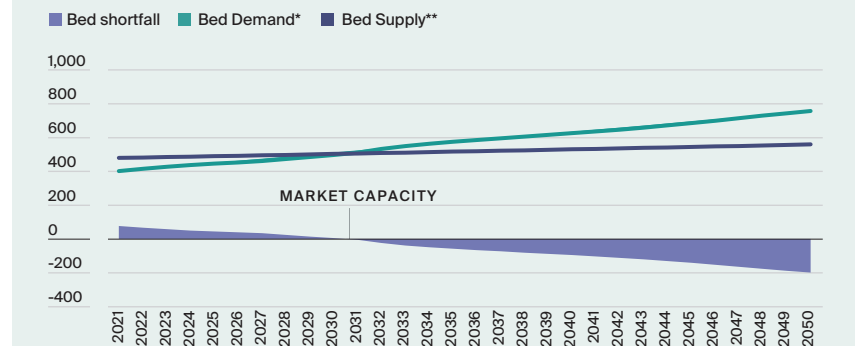


Fig 6: Projected shortfall of elderly care beds (000s)







## KNIGHT FRANK: HEALTHCARE SERVICES

*Knight Frank's Healthcare team annually advises on in excess of £12bn of healthcare assets and act for the vast majority of the UK's major operators, funds, investors and lenders in the sector.*

### Healthcare property specialists

The healthcare industry remains one of the fastest growing markets across the globe. Knight Frank's Healthcare team is valuer to the majority of the UK's major operators, funds, investors and lenders in the sector. Our network of UK offices enables our team to act for care providers, investors, developers and lenders to offer real estate services to the healthcare industry that are second to none. Knight Frank's dedicated and highly experienced team provides a discreet and efficient consultancy service, advising on the full spectrum of healthcare assets including:

#### Our specialisms

- Care homes and day centres
- Specialist adult care homes
- Independent hospitals
- Acute hospitals
- GP Surgeries
- Dentists and pharmacies
- Schools and day nurseries
- Supported living and retirement villages
- Development sites

#### Our services

- Strategic consultancy
- Development consultancy
- Sales & acquisitions
- Valuation

- Portfolio consultancy
- Research and feasibility studies
- Building consultancy and surveys
- Planning consultancy
- Lease advisory
- Property asset management

### Why choose us?

Our award winning Healthcare team continues to be recognised as leaders in their field. In taking time to understand the needs and objectives of our clients, we continue to provide uncomplicated property advice and solutions that add value at every stage.

## RECENT MARKET-LED RESEARCH PUBLICATIONS

Knight Frank Research Reports are available at [knightfrank.com/research](https://knightfrank.com/research)



Healthcare Capital Markets – 2021



European Healthcare – 2021



Healthcare Development Opportunities – 2021



Care Home Trading Performance Review

## OUR EXPERTISE

*We believe personal interaction is a crucial part of ensuring every client is matched to the property that suits their needs best – be it commercial or residential.*

Operating in locations where our clients need us to be, we provide a worldwide service that's locally expert and globally connected. As a partnership, we are independent, debt free and not beholden to external shareholders. We believe

that inspired teams naturally provide excellent and dedicated client service. Therefore, we've created a workplace where opinions are respected, where everyone is invited to contribute to the success of our business and where they're

rewarded for excellence. The result is that our people are more motivated, ensuring your experience with us is the best that it can be.

## OUR GLOBAL SERVICES

### Residential

#### Prime Sales

Our prime sales network is involved with the most prestigious residential properties around the world. Our integrated global network and ability to identify unique investment opportunities, combined with our unrivalled access to HNWIs, places us in an unparalleled position of strength.

Whether it is sovereign wealth or the upwards of 3,000 individuals we have dealt with personally with a net worth of more than US\$100 million, our record of selling trophy homes is second to none and has enabled us to act for more than 600 billionaires.

#### Project Marketing and International Project Marketing

Through our Project Marketing service we provide developers of mid- to high-end projects with research, consultancy, marketing and sales. Unit values targeted are those in excess of US\$350,000, in locations where long-term value is ensured, such as London, Hong Kong,

Singapore, Vancouver, Melbourne, New York, Miami and Dubai.

### Occupier services & commercial agency

At Knight Frank we offer a different approach, providing expert advice to tenants and landlords across the global office market. We deliver real value through carefully formulated property strategies and robust negotiation, in prime business districts for landlords, multinational businesses and local occupiers.

### Corporate Services

Global Corporate Services (GCS) provide a full suite of portfolio management, consulting and transactional services to multimarket corporate occupiers, globally. Our account teams in London, New York and Hong Kong manage service delivery through the expertise in our local offices, across all service lines.

### Capital markets

Our Global Capital Markets Group has a reputation for acting on the most high

profile property transactions around the world. We act for institutional, private equity, family offices, sovereign wealth and real estate companies in the cross-border acquisition and disposal of property globally.

### Valuation & advisory

Our Knight Frank Valuation experts provide a comprehensive range of single and portfolio valuations, market appraisal and consultancy services across both the commercial and residential sectors.

With a wide skill-set spanning from retail to student property, we have the ability to draw upon our significant global network of Capital Markets, Leasing, Occupier and Research industry specialists, allowing us to add value for our clients, rather than merely reporting. We provide extensive valuation services to financial institutions, private individuals, funds, property companies and the public sector.

**For a full list of services, please visit [knightfrank.co.uk/property-services](https://knightfrank.co.uk/property-services)**

# OUR MISSION

A fully integrated global healthcare and senior living real estate advisory team. Globally connected, locally expert.



**Mark Gallagher**  
Executive Managing Director



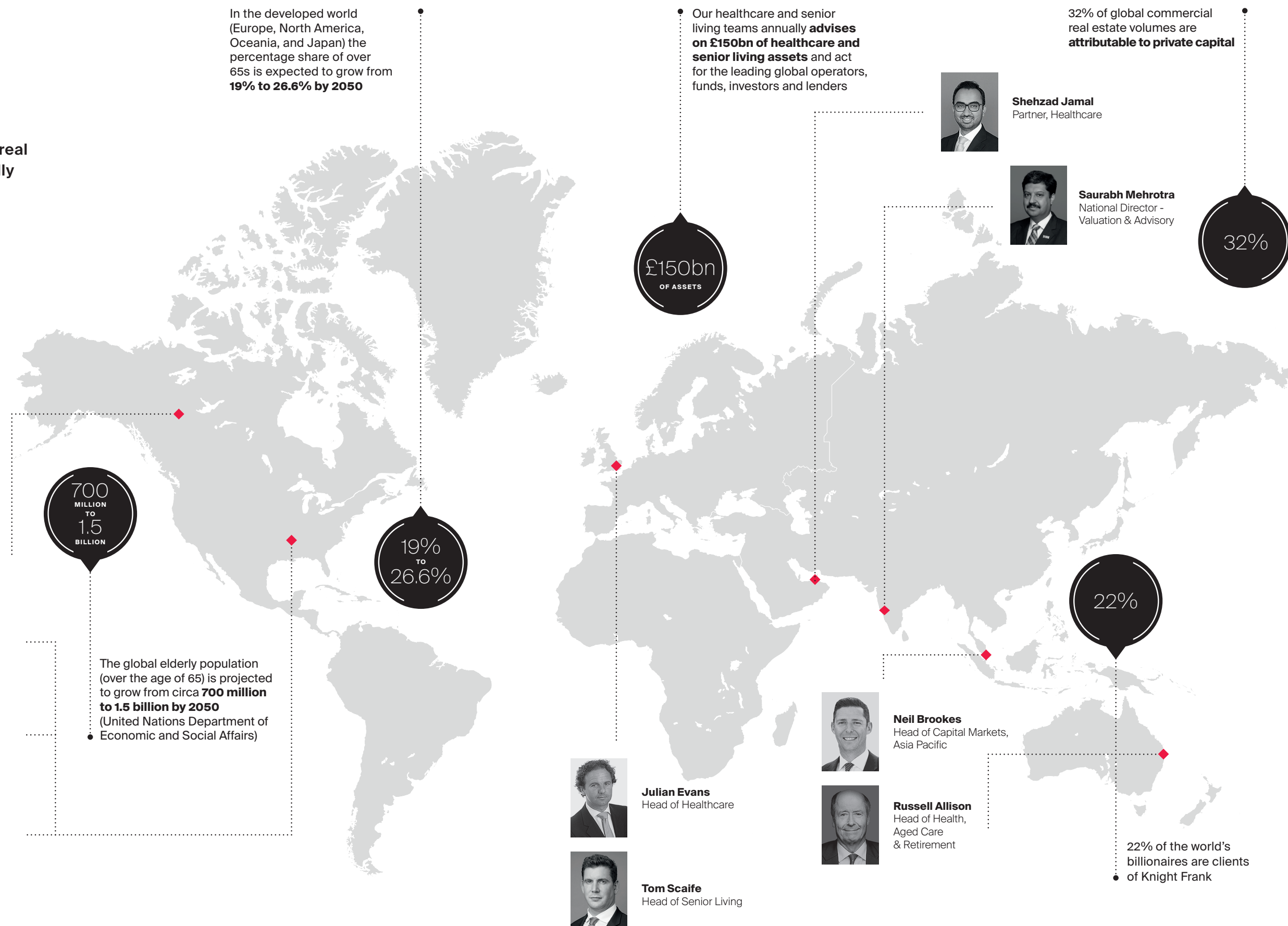
**Todd Perman**  
Vice Chairman, Global Healthcare Services



**Chad Lavender**  
Vice Chairman, Healthcare & Alternative Real Estate Assets



**Norm LeZotte**  
Senior Managing Director





## OUR PEOPLE

### Agency and Development



**Julian Evans, FRICS**  
Head of Healthcare  
+44 20 7861 1147  
julian.evans@knightfrank.com



**Nick Kempster, MRICS**  
Partner  
+44 20 7861 5265  
nick.kempster@knightfrank.com



**Joe Munro, MRICS**  
Surveyor  
+44 20 3866 7816  
joe.munro@knightfrank.com



**Rory Addison, MRICS**  
Surveyor  
+44 20 7861 1063  
rory.addison@knightfrank.com



**Mandip Bhogal, ACCA**  
Associate, Development Consultant  
+44 20 3869 4702  
mandip.bhogal@knightfrank.com



**Robert Stott**  
Analyst  
+44 20 7861 1152  
robert.stott@knightfrank.com



**Julian Woolgar, MRICS**  
Partner, West End  
+44 20 7861 1008  
julian.woolgar@knightfrank.com



**Alyssia Clare**  
Personal Assistant  
+44 20 3967 7124  
alyssia.clare@knightfrank.com



**Megan Wright**  
Team Secretary  
+44 20 3866 8002  
megan.wright@knightfrank.com

### Corporate Consultancy



**Patrick Evans, MRICS**  
Partner  
+44 20 7861 1757  
patrick.evans@knightfrank.com



**William Freston, MRICS**  
Associate  
+44 20 7861 1564  
william.freston@knightfrank.com



**Danielle O'Connor, MRICS**  
Associate  
+44 20 7861 5394  
danielle.oconnor@knightfrank.com



**Deborah Joynt, MRICS**  
Consultant  
deborah.joynt@knightfrank.com



**Bianca Moore**  
Office Manager  
+44 20 3826 0604  
bianca.moore@knightfrank.com

### Commercial Valuations



**Kieren Cole, MRICS**  
Partner  
+44 20 7861 1563  
kieren.cole@knightfrank.com



**Rick Tarver, MRICS**  
Partner  
+44 20 7861 1534  
rick.tarver@knightfrank.com

### Commercial Valuations Cont.



**Iain McGhee, MRICS**  
Partner  
+44 141 566 6026  
iain.mcgee@knightfrank.com



**Bela Chauhan, MRICS**  
Associate  
+44 20 3897 0037  
bela.chauhan@knightfrank.com



**Joseph Hardy, MRICS**  
Associate  
+44 20 3897 0018  
joseph.hardy@knightfrank.com



**Ella Davenport**  
Graduate  
+44 20 3307 4138  
ella.davenport@knightfrank.com



**Genevieve Lewis**  
Team Secretary  
+44 20 7861 1164  
genevieve.lewis@knightfrank.com

### Research



**Ryan Richards**  
Senior Analyst  
+44 20 3869 4575  
ryan.richards@knightfrank.com

### Senior Living



**Tom Scaife, MRICS**  
Partner  
+44 20 7861 5429  
tom.scaife@knightfrank.com

### Building Consultancy



**Charles Ingram-Evans,**  
BSc Hons, MRICS  
Partner, Project & Building Consultancy  
+44 20 3826 0688  
charles.ingramevans@knightfrank.com



**Michael Brownsdon, MRICS, ATT**  
Capital Allowances Advisor  
+44 20 3866 8046  
michael.brownsdon@knightfrank.com

### Debt Advisory



**Lisa Attenborough, DipFS**  
Partner, Head of Debt Advisor  
+44 20 3909 6846  
lisa.attenborough@knightfrankfinance.com

### Institutional Consultancy



**Emma Cleugh**  
Head of Institutional Consultancy  
+44 20 7861 5427  
emma.cleugh@knightfrank.com

